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Best 10 Research Papers

- **Thakur A**, Vaidya D, Kumar S, Kaushal M. and Chauhan N. 2021. Standardization and characterization of Himalayan wild apricot (geographical indicator) kernel press cake protein isolate and utilization for manufacture of gluten-free pasta. *J. Food Process. Preserv.* pp. 1-15.
- Sharma R, **Thakur A**, Kumar S and Kumar V. 2022. Product optimization, storage quality and sensory acceptance of low-calorie beverage developed from bitter gourd and kiwifruit. *Braz. Arch. Boil. Technol.* 65:1-12.
- Sharma R, Sharma R and **Thakur A**. 2018. Development and evaluation of vitamin C enriched low calorie *Aloe vera* aonla blended functional squash using stevioside. *Indian J. Hortic.* 72(2): 289-294.
- **Thakur A** and Sharma R. 2018. Vitamin C enriched bitter gourd based functional squash. *J. Phar. Innov.* 7(3): 98-103.
- Sharma R and **Thakur A**. 2017. Utilization of Bitter Gourd for Developing Antioxidant Rich Low Calorie Functional Beverages through Blending and use of Alternative Sweeteners. *Indian J. Ecol.* 44(6): 755-760.

Awards & Recognitions

- Received **Uma DattMangain Memorial Best Research Award (2015-2016) for MSc. Thesis** "Studies on development of bitter gourd based functional beverages".
- Received **1st Poster Presentation award** for the paper entitled "Development and evaluation of vitamin C enriched bitter gourd-aonla blended functional squash" by **Abhishek Thakur** and Rakesh Sharma in **National conference on innovative food processing technologies for food and nutritional security at CIPHT Ludhiana**.

- Received **Best Poster Presentation award** for the paper entitled “An overview of alternative sweeteners in food industry” by **Abhishek Thakur** and Rakesh Sharma in **National conference** on new horizon in human health and nutrition at Shoolini university solan HP.
- Received **Uma DattMangain Memorial Best Research Award (2019-2020) for PhD Thesis** “Isolation, characterization and application of protein isolates from apricot press cake”.